



Resurrection
LUTHERAN CHURCH

CROSS TRAINING Faith Statement Packet

Krissy George, Youth Ministry Director

Sonia Boelke, Youth Associate

Office: 763-295-5511

kgeorge@resurrection-mn.com

sboelke@resurrection-mn.com

What is a Faith Statement?

A “Faith Statement” is a declaration or an account of what a person believes. The Apostles’ Creed and the Nicene Creed are examples of Faith Statements. These two Creeds, which have been provided for you below, state very clearly what we believed about God, Jesus, the Holy Spirit, the role of the Church, and salvation.

The Apostles’ Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, His only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into hell.
On the third day He rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father
God from God, Light from Light
true God from true God,
begotten, not made,
of one being with the Father.
Through Him all things were made.
For us and for our salvation
He came down from heaven;
by the power of the Holy Spirit
He became incarnate from the virgin Mary, and
was made man.
For our sake He was crucified under Pontius Pilate;
He suffered death and was buried.
On the third day He rose again
in accordance with the Scriptures:
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and
the dead,
and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of
life,
who proceeds from the Father and the Son.
With the Father and the Son He is worshiped and
glorified.
He has spoken through the prophets.
We believe in the holy catholic and apostolic
Church.
We acknowledge one Baptism for the forgiveness
of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen

Personal Faith Statements

A Personal Faith Statement is an orderly and public expression of your personal beliefs. It is an opportunity to shape and fulfill your personal calling from Jesus to “be His witness in the world” (Acts 1:8). By writing our Personal Faith Statement we prepare ourselves as Peter says in **1 Peter 3:14**, “to give an account of the hope that is in us.”

A Personal Faith Statement should be authentic, real, from your heart and mind...not simply what you think others want to hear, but what you actually believe...this is YOUR Faith Statement, so let it be personal, coming out of your own experience and learning.

Your Faith Statement should be a declaration of your Christian beliefs. It should be informative. We encourage you to include certain things in your Statement that will clearly show us that you have a keen understanding of what it means to be a Christian. Finally, it should be illustrated with stories. We included some ideas for you to consider as you begin thinking and praying about writing your Personal Faith Statement.

A typical Faith Statement is about one to two typed pages in length. ***Be sure to include your favorite verse, as that will be used as your Affirmation verse!*** The rest of this packet includes questions and ideas to get you thinking, but you are free to write whatever you want about your faith.

Here are some questions to get you thinking:

- What are your thoughts on all parts of the Trinity: Father, Son, and Spirit?
- We say that God is Father, Almighty, and Maker of heaven and earth. What is it about God that reminds you of a father? What does it mean to say that God is Almighty? What does it mean to you that God is the Creator of heaven and earth?
- Jesus is God’s Son, and our Lord. What is another word for “Lord”? What does it mean to say that Jesus is Lord of our lives? What are some things that you do that demonstrates Jesus is Lord of your life? Or what are some things that your family does that demonstrates this.
- The third “person” of the Trinity is the Holy Spirit. What do you know about the Holy Spirit? How does the Holy Spirit work in your life?
- The role of the Word, the value it has, and the reverence you have for it... do you read the Bible and complete devotions? If so, let us know in your Faith Statement.
- The power of prayer and your experience with answered prayer...communication with God...what role does it play in your life?
- Your questions and places that you struggle – where do you need to work/search to find more answers. It is okay to have questions...faith is a journey and stating honestly what you struggle with is fine. We encourage you to take these things to God in prayer and to search Scripture for direction and answers.
- Your experiences of God – how has He shown up in your life? When have you felt God’s presence and how?
- What parts have family, friends, Godparents, and the church played in your faith nurturing? Cross Training, Small Group Leaders, Sunday School, etc.

Preparation of Personal Faith Statement

Use the following to help you think through topics you can then include in your statement.

Write 5 things you believe concerning faith (Ex. The Bible is God's word, Jesus died for my sins, etc.) and why you believe them.

I believe.....

I believe.....

I believe.....

I believe.....

I believe.....

Write five or more sentences describing how you have personally experienced God:

List two-three things you struggle to believe...

1.

2.

3.

If you could ask Jesus one thing you would ask:

What do you believe about...

Heaven: _____

Hell: _____

The Holy Spirit: _____

The Church: _____

Baptism: _____

Satan: _____

The Bible: _____

Jesus: _____

God: _____

Faith: _____

Salvation: _____

Sin: _____

Holy Communion: _____

God's Grace: _____

What is your favorite Bible Story? _____

Why? _____

What is your favorite Christian Symbol or Song?

Why? _____

What is your favorite Bible Verse you would choose for your Affirmation Verse? **This is required and must also be communicated to Krissy prior to Affirmation weekend

***Why?** _____
